



February 24, 2016

Wellnex collagen peptides show positive outcomes for skin health in RCT and the paper has published on an international journal (Journal of the Science of Food and Agriculture)

Nitta Gelatin conducted a randomized double-blind placebo controlled clinical trial to investigate the effect of collagen hydrolysates which contain bioactive dipeptides (Pro-Hyp and Hyp-Gly) on improvement in skin condition.

According to the results, the collagen hydrolysate with higher content of bioactive dipeptides showed better results on improving skin condition, hydration, elasticity, wrinkle and roughness.

PubMed: http://www.ncbi.nlm.nih.gov/pubmed/26840887